

Grass Heads

What do we need to start?



- Pair of old nylon tights
- Elastic bands or string
- Medium size (10 to 15cm diameter) flower pot
- Stick on eyes (you could cut fabric to make these)
- Scissors
- Grass seeds
- Potting compost (moist not wet)
- Time 30 to 60 minutes

1. Use the scissors carefully to cut the nylon tights into 20 to 30cm tubular pieces and tie-off one end in a knot to form a small pouch. Stretch the nylon material over a medium size flower pot with the knot facing upwards in the middle of the pot.

2. Sprinkle a small amount of grass seed over the surface of the tights and cover this with potting compost ensuring that the weight of the compost pulls the nylon into the flower pot. When the ball of compost is 15cm to 20cm deep, pull the nylon off the rim of the pot and tie-off the loose end with an elastic band or piece of string. You should now have a ball of compost with the knot at its top (unseen) and the elastic band/string knot tied off at the bottom.

3. With your fingers take a small amount of nylon and compost halfway between the top and bottom knots and twist it to form a small ball, this will form the nose for your head. Put an elastic band or string around the nose so it will keep its shape.

4. Repeat the operation to form two ears making sure that the nose and ears are in the correct position for your face.

5. Water the head so that the compost becomes moist and pliable but not soggy. Using your fingers, you can now add shape to the head.

6. Add eyes and a mouth to your grass head. Use stick on features or cut them from fabric. Once completed display the grass-head on top of an up-side-down flower pot.

7. In 2 to 3 weeks the grass seed will start growing. Keep the compost moist and regularly trim the growing grass to the 'hair-style' you want. Making a grass-head is great fun and it will last a long time if you look after it. Why not make a family or a football team!